

The following icons may assist you in the Timetable:

	Performance		Suitable for families
	Film		For Jewish communal professionals
	Art		Jewish peoplehood session
	Meditation		Spotlight session
	Social/Informal		Longer session

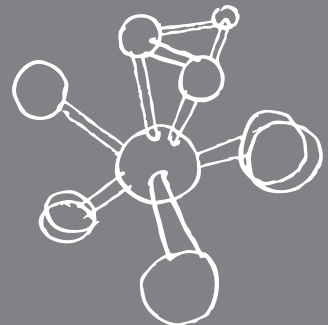
FRIDAY

קהלת רבה ז:יג

בשעה שברא הקב"ה את אדם הראשון נטלו
והחזירו על כל אילני גן עדן ואמר לו ראה
מעשי כמה נאים ומשובחין הן וכל מה שבראתי
בשבילך בראתי, תן דעתך שלא תקלקל ותחריב
את עולמי, שאם קלקלת אין מי שיתקן אחריך.

*When God created the first man, God showed
him all the trees in the Garden of Eden and said,
'See how beautiful and perfect are My creations!
All that I have created, I created for you. Therefore,
be mindful so that you do not abuse or destroy
My world. For if you abuse or destroy it, there is
no one to repair it after you.'*

KOHELET RABBAH 7:13



Day Structure at a Glance

07:00	▶	
08:00	▶	
09:00	▶	
10:00	▶	
11:00	▶	
12:00	▶	
13:00	▶	
14:00	▶	
15:00	▶	Candle Lighting 14:45 – 15:30
16:00	▶	Kabbalat Shabbat 15:45 – 17:00
17:00	▶	
18:00	▶	Quarter Past Five 17:15 – 18:30
19:00	▶	
20:00	▶	Dinner 18:45 – 20:50
21:00	▶	
22:00	▶	Nine O'Clock 21:00 – 22:15
23:00	▶	Limmud Late 22:20 – 23:30
00:00	▶	Midnight Hour 23:30 – 01:00
01:00	▶	
02:00	▶	

FRIDAY
CANDLE LIGHTING 14:45 – 15:30

Candlelighting and Welcome

LIMMUD SHABBAT TEAM

Community
 Workshop / Practical **ROOTES PANORAMA**

Come and meet other Shabbat participants for icebreaking games and a chat before we sanctify this period in time with candles, and step from the crazy, action-filled week into the calm of Shabbat.

We will be lighting at 15:35.

Not sure what to do? We are happy to show you, or look to the cards on the tables.

NOTE: Candles may not be lit anywhere other than the Panorama room for fire safety reasons.

FRIDAY
KABBALAT SHABBAT 15:45 – 17:00

Friday Night Delight

CAROLINE HAGARD

Family, Music & Performance,
 Spirituality
 Creative



ROOTES PANORAMA BAR

Kabbalat Shabbat for families with young children has always been special at Limmud, and this year is no exception. What stories will we hear this year? What songs will we sing? Come along, find out and have fun. This session is suitable for families with young children, although anyone who wishes to come is welcome.

Kabbalat Shabbat – Masorti

ROOTES CHANCELLORS 2

Welcome Shabbat with song and prayer. This service will follow the Singer's Prayer Book and the traditional liturgy. There will be both men and women leading the service and there will be mixed seating.

Kabbalat Shabbat – Orthodox

SU COPPER ROOMS 2

Welcome Shabbat with song and prayer. This service will follow the Singer's Prayer Book and the traditional liturgy. The service will be led by men, and will have separate seating for men and women.

Kabbalat Shabbat – Progressive

ROOTES SUTHERLAND

Welcome Shabbat with song and prayer. Shabbat Services are joined with Liberal and Reform communities and musical instruments may be used. There will be both men and women leading the service and mixed seating.

FRIDAY QUARTER PAST FIVE 17:15 – 18:30

"Challenge the Storyteller"

CAROLINE HAGARD

Culture, Family, Music & Performance
Creative



ROOTES BAR

Come and experience a "shecheyanu" moment – something new for 2009. "Challenge the Storyteller" will have you playing games, singing songs and listening to stories, and possibly doing some acting. If you are looking for a fun session this is the one for you. Suitable for everyone but especially for those with young children.

Welcoming Shabbat with new music

ARNIE DAVIDSON

How to, Music & Performance,
Spirituality
Discussion,
Workshop / Practical

ROOTES SUTHERLAND

It is a challenge to make space for Shabbat. The wisdom of our liturgy anticipates the difficulty of this transition, and invites us into the peacefulness of Shabbat through a welcoming sequence of niggun and prayer.

In this session, Arnie takes us deeper into the 'Shabbat Invitation' of our tradition using contemporary Shabbat music. Using traditional liturgy and song, we explore ways that we can welcome Shabbat and leave the work-week world behind.

Britain's Got Shabbos – The Finals

DANIEL GOLDFARB

Spirituality, Torah
Text Study

ROOTES CHANCELLORS 1

Susan Boyle (of the 100 million YouTube views) singing 'My Way', the most popular song played at British funerals, vs. 'Yedid Nefesh' by the sixteenth-century kabbalist Rabbi Elazar Azkiri: 'Soul Friend, draw me to Your way'. The competition for 'the way' is as intense as that for the music. Join Simon, Amanda and Piers on the panel of judges. Text study, some thought, and maybe a tune. No background necessary.

Moses and the Angels in a Celestial Battle

YOEL FINKELMAN

Torah
Text Study

ROOTES CHANCELLORS 2

According to one of the ancient rabbis, fire-breathing angels threatened to burn Moses when he ascended to heaven to receive the Torah. God, for some reason, refuses to help much, and Moses narrowly escapes with his life.

The Flickering Flame: The Shabbat Lights in Prayer, History and Literature

DANIELLA KOLODNY

Culture, Spirituality,
Torah
Discussion, Text Study

ROOTES CHANCELLORS 3

The Bible makes no mention of candlelighting, but Jewish women have kindled the Shabbat lights to mark the commencement of Shabbat for at least two millennia. When did this custom develop? Why does tradition consider it a woman's obligation? What does candlelighting before Shabbat mean to us? We will explore its origins through Jewish tradition and literature.

Enhancing Your Shabbat Experience with NLP

TAMRA WRIGHT

How to, Spirituality
Workshop / Practical

ROOTES PANORAMA BAR

Is Shabbat the highlight of your week? Could it be? This workshop will introduce you to some of the most powerful ideas and insights of NLP (Neuro-Linguistic Programming). You will then learn simple NLP techniques that can enhance your Shabbat experience.

FRIDAY
NINE O'CLOCK 21:00 – 22:15

Humanism V. Liberalism

YAIR SHELEG

Philosophy & Science,
 Social issues
 Discussion, Lecture

ROOTES CHANCELLORS 2

A definition of the difference between Humanism and Liberalism, and the threat for the whole western civilization (and Judaism within it) by the change of focus between them, i.e. the change from responsibility for 'the other' and society in general to focusing on 'the self's rights'.

Doing Limmud (and Life) Mindfully

Yael Unterman

Spirituality
 Discussion, Text Study

ROOTES BAR

Limmud Conference- just like life, but more so – brings a jumble of stimuli, choices and encounters, which we don't always navigate with comprehension or focus. Let's now, at the start of Conference, strengthen our ability to choose and process the encounters and lessons awaiting us, and to see the meaning that might be hidden in every experience that God sends us.

Do We Need Religion to Be Good People?

Elliott Malamet

Philosophy & Science, Torah
 Discussion, Lecture

ROOTES SUTHERLAND

Is morality entirely subjective? If so, can we say anything authoritative about right and wrong, or are good and evil merely a matter of subjective taste? Must ethics be grounded in God to be universal? Does Judaism recognise reason as a viable alternative to faith? This session will discuss practical dilemmas in constructing one's own moral positions, and also in transmitting them to children.

Who was sacrificed? The Akedah in the Quran

Halima Krausen

Education, Social issues, Torah
 Text Study,
 Workshop / Practical

ROOTES CHANCELLORS 3

The Biblical and the Quranic versions of the Akedah story make different points that may be perceived as conflicting. In this text study workshop we are going to look at the Quranic story and explore similarities, differences and perspectives.

A melody for 'Yedid Nefesh' from the Moroccan musical tradition

Aviva Dayan

Culture, Music & Performance,
 Sephardi Culture
 Training,
 Workshop / Practical

ROOTES PANORAMA BAR

The piyyut 'Yedid Nefesh' has been sung for centuries by Jews of all traditions. In this session we will learn to sing a melody for this piyyut from the Moroccan tradition. We will also learn a bit about its context and the musical elements of the melody.

Sex on the Sabbath: Rabbinic and Non-Rabbinic Laws

Joshua Kulp

Social issues, Torah
 Text Study

ROOTES CHANCELLORS 1

Have you ever heard 'It's a double-mitzvah to do it on Shabbat!' If so, were you convinced? In all seriousness, the issue of sex on Shabbat was a matter of great dispute between rabbis and non-rabbis. Examining this issue brings to light two issues that were and continue to be important in Judaism: our approach to sexuality, and the observance of the Sabbath.

FRIDAY
LIMMUD LATE 22:20 – 23:30

The Unity Principle: A Shabbat Meditation

DANIEL ANDERSON

Philosophy & Science,
Spirituality, Torah
Discussion, Text Study ROOTES CHANCELLORS 1

The Shema is considered to be the most important verse in the whole Torah, signifying the core of Jewish belief – the concept of unity. In this session we will look its development, structure and context, and then explore what unity means in practice rather than just theory, before concluding with a focused meditation.

Sacrifice Your Love: Revisiting the Drama of Abraham and Isaac

STEWART BROOKES

Torah
Discussion, Lecture,
Text Study ROOTES SUTHERLAND

The Akedah (Binding of Isaac) has been done to death, hasn't it? Well, perhaps not quite. In this session we will return to the scene of the almost-crime, drawing on traditional and not-so traditional sources as we ask some difficult questions of Abraham, Isaac, and maybe even God. Expect to hear from such disparate voices as Philo, Josephus, Rashi, Caravaggio, Dylan, the Midrash, and... you!

Oneg

LIMMUD SHABBAT TEAM

Community, Spirituality
Creative, Social / Informal



ROOTES BAR

Popular since the start of Hasidism in the late 1700's when students would gather round their Rebbe for a tisch (lit. table) late into the night: singing, storytelling, and enhancing the Shabbat spirit.

Join us for a Limmud-style late night Shabbat oneg, packed with storytelling, drama, songs and plenty of snacks. Bring yourselves and your stories.

FRIDAY
MIDNIGHT HOUR 23:30 – 01:00

Darshan – Fabrengen

EDEN PEARLSTEIN,
SHIR YAAKOV FEINSTEIN-FEIT

Music & Performance,
Spirituality, Torah
Creative, Performance



ROOTES SUTHERLAND

The Darshan is a Judaic archetype which represents creative exploration. Like Rabbi Akiva of the Talmud, the Darshan takes the crowns of the Torah letters, or blank spaces on the biblical page, and uses them to interpret sacred text and tradition in ways that animate and elevate the timeless spirit in our times.

Come and join Shir Yaakov and Rapper Ephyme, performing together as Darshan, for a special sit down acoustic kabbalistic hip-hop fabrengen!