

The following icons may assist you in the Timetable:



Performance



Suitable for families



Film



For Jewish communal professionals



Art



Jewish peoplehood session



Meditation



Spotlight session



Social/Informal



Longer session

SATURDAY

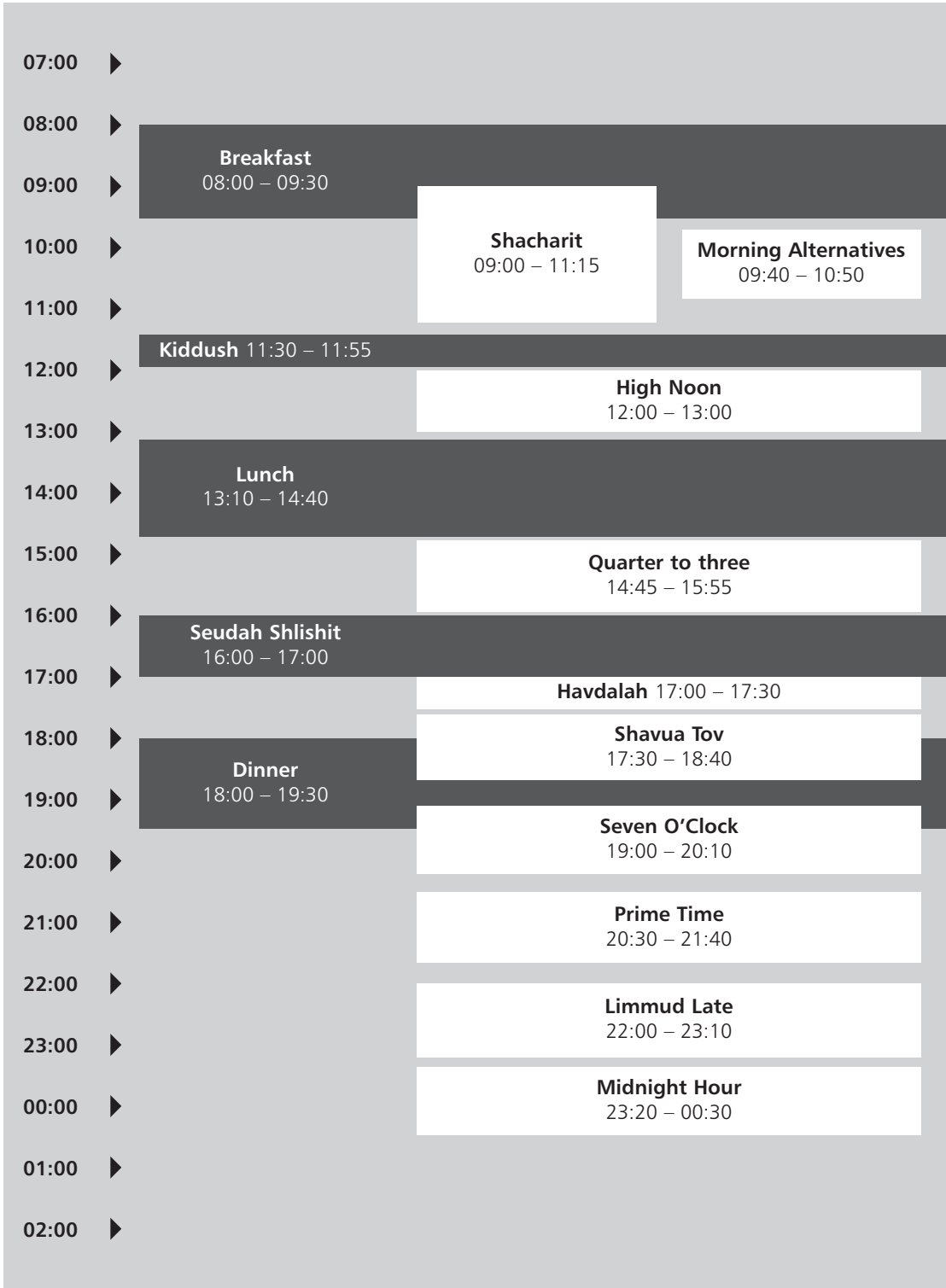
To set apart one day a week for freedom, a day on which we would not use the instruments which have been so easily turned into weapons of destruction, a day for being with ourselves, a day of detachment from the vulgar, of independence of external obligations, a day on which we stop worshipping the idols of technical civilization, a day on which we use no money... is there any institution that holds out a greater hope for man's progress than the Sabbath?

ABRAHAM JOSHUA HESCHEL



Day Structure at a Glance

SATURDAY



SATURDAY

SATURDAY
SHACHARIT

09:00 – 11:15

Shabbat Morning – Masorti

ROOTES CHANCELLORS 2

This service will follow the Singers Prayerbook and the traditional liturgy. There will be both men and women leading the service and there will be mixed seating.

Shabbat Morning – Orthodox

SU COPPER ROOMS 2

This service will follow the Singers Prayerbook and the traditional liturgy. The service will be led by men and there will be separate seating for men and women.

Shabbat Morning – Progressive

ROOTES SUTHERLAND

Shabbat services are joint with Liberal and Reform services and musical instruments may be used. There will be both men and women leading the service and mixed seating.

SATURDAY
MORNING ALTERNATIVES 09:40 – 10:50
Shabbat Family Service

CAROLINE HAGARD

Family, Music & Performance,
 Spirituality
 Creative

ROOTES PANORAMA BAR

Shabbat at Limmud is always special. Come and join Caroline for songs, stories and lots of fun. This session is suitable for families with small children, although it is open to everyone. Please note that this service will run from 10:00 – 11:00.

Qi Gung

PAUL SILK

ROOTES CHANCELLORS 1

This session will use a combination of breath and body movements from a range of traditions to relax the body and calm the mind for a restful shabbat. Loose clothes recommended. No experience needed. All ages welcome.

Biblioyoga

MARCUS FREED

Education, spirituality, Torah
 Creative, workshop/practica

ROOTES BAR

Biblioyoga is a tool kit for accessing spirituality through the body, and is the place where lycra meets learning. This multi-level workshop will provide a unique opportunity for connecting texts with physicality. We will explore the elements of earth, wind, air and fire in Jewish thought in a way that is both dynamic and inspiring. Biblioyoga is energising, healing and stimulating. We welcome all ages and abilities. Please wear loose clothing and come with an open mind.

**SATURDAY
HIGH NOON**

12:00 – 13:00

Visual Prayer

EJ COHEN

Education, Family, Introduction to
Workshop / Practical

ROOTES BAR

Prayer reaches each of us in different ways: logically and emotionally, through music, touch and movement. In this session, you will be introduced and exposed to a powerful new medium to experience prayer and evoke new meaning from familiar passages through the use of British Sign (BSL) and Israeli Sign (ISL). You'll leave with some "hands-on" new skills to visually enhance Shabbat worship for you and your community.

Is Jewish identity the same in different countries?

SERGIO DELLAPERGOLA

Community,
History, Israel
Discussion, Lecture

ROOTES CHANCELLORS 2

Patterns of expression of Jewish identity may essentially reflect the variable but unique body of content offered by Judaism, or the specific conditions that exist in different countries. In this session, results from recent research are presented and discussed to provide an answer.

Torah meditation

KINERET SITTIG

Spirituality, Torah
Text Study,
Workshop / Practical

ROOTES CHANCELLORS 3

Need some quiet in a full Limmud Conference day? This session might be for you. Pick your image from this week's Torah portion and use that as a focus for your meditation. After a brief introduction, thirty minutes will be spent in silence. You can sit on a chair or cushion, or lie down. No special experience required. Bring warm and comfortable clothes.

Can you be a good person without Torah?

HANNAH KAYE

Philosophy & Science,
Torah

Discussion, Text Study **ROOTES PANORAMA BAR**

Why do we need mitzvot? Can you be a good person without them? Is being good enough? Is there a connection between religion and morality? Explore these questions in an interactive textual session. We will look at a mixture of traditional and more modern sources.

"Ain't gonna work on Saturday"

RAPHAEL ZARUM

Philosophy & Science, Torah
Discussion, Text Study

ROOTES SUTHERLAND

What exactly is melacha and why can't we do it on Shabbat? In this session we will look at the rabbis' definition of labour and why they got so obsessed by it.

Parshat Vayigash: Meeting, Motion and Meditation

GILLA ROSEN

ROOTES CHANCELLORS 1

In Vayigash there is finally resolution, a sense of Shabbat. Judah meets his brother and Jacob his son. The Midrash reads between the lines of their encounters – a balance of expression and restraint of emotion – and extrapolates to the human encounter with God.

SATURDAY
QUARTER TO THREE 14:45 – 15:55

Kabbalah of Intimacy: kabbalah of the Masculine and Feminine

MELINDA RIBNER

Social issues, Spirituality

Creative,

Workshop / Practical ROOTES CHANCELLORS 3

Kabbalistic teachings on the nature of masculine and feminine, along with meditation and dyad exercises to integrate this wisdom, will help you to be more fully who you are. This session will add joy and passion to your intimate relationships whether you are married or single, and let you glimpse the deepest secrets of the Holy One and the Shechinah.

The Iranian Ayatollah and the Israeli Women's Rights Lawyer

SHARON SHENHAV

Community, Family,

Social issues

Lecture

ROOTES SUTHERLAND

Meeting at a conference in Italy in 2002, the Iranian Ayatollah, a Professor of Islamic Law, put a series of questions about Jewish family law to the Israeli women's rights lawyer. After several days of discussions, this unusual couple decided to organize an interfaith conference on religious marriage and divorce. Attended by Jewish, Catholic and Muslim scholars, the conference produced surprising results

Yom Ha'atzma'ut, Yom Yerushalayim, and Mashiach

ELI GORDON

Philosophy & Science,

Torah

Discussion, Text Study ROOTES CHANCELLORS 1

Why do Yom Ha'atzma'ut and Yom Yerushalayim fall during Sefirat Ha'omer? And how does this tell us when the Mashiach will be arriving?! If you would like to know the connection between these days, the other festivals, and the date of the arrival of the Mashiach, then come and join Eli for a new, fascinating understanding of texts and ideas on this subject.

What Should the 614th Commandment Be?

HAIM SHALOM, SUE GESSLER,

SHARONAH FREDRICK, GERSHON BASKIN

Philosophy & Science,

Social issues, Torah

Panel Debate

ROOTES CHANCELLORS 2

If you could add an extra commandment, what would it be? Is there a deficit between Jewish law and the modern world? Find out what these four panelists think it should be. Open floor for questions and discussion.

SATURDAY

SEUDA SHLISHIT / HAVDALAH 16:00 – 17:30

**Seuda Shlishit Followed
by Havdalah**

LIMMUD SHABBAT TEAM

Community
Workshop / Practical, Social / Informal SU ATRIUM

As Shabbat fades away, join us for the third meal with songs and snacks. When Shabbat ends we'll make Havdalah, the separation between Shabbat and the week, in Limmud style with music and singing just outside the main entrance.

Ma'ariv immediately after Shabbat goes out, before Havdalah.

SATURDAY

SHAVUA TOV 17:30 – 18:40

Is Shabbat really a day of rest?

HAIM SHALOM

Spirituality, Torah
Discussion, Text Study ROOTES CHANCELLORS 2

When we think of Shabbat as a day of rest, are we understanding correctly the true intention of the Torah? We will be looking at some of the central texts and rituals of the Shabbat tradition, and explore the meaning behind them to understand this most central Jewish festival.

**Self and Unself: Individual
Expression and Self-nullification
(bittul)**

Yael Unterman

Spirituality, Torah
Discussion, Text Study ROOTES PANORAMA BAR

From a Jewish spiritual perspective, is there more to individualism than just narcissism and selfishness? If the point is to obey halachah and submit to a higher will, then why in God's name did God make us all different? The presenter has spent years pondering what value our individual uniqueness holds within traditional Jewish life, and wants to share her uniquely individual ideas and hear yours too.

**Clobyosh – learn a Jewish
card game**

ADAM RATTNER

Culture
Workshop / Practical ROOTES CHANCELLORS 3

Could it only be a Jewish card game in which the Jack (Yuss) is worth 20 points and the 9 (Manel) is worth 14? Or where having a 'Marriage' in the hand is a way to win? Come and learn how to play this addictive strategy game and partner up for your first Clobyosh of many.

**The Secrets of the
Alphabet Revealed**

NAOMI DINUR

Israel, Culture,
Community
Discussion, Lecture ROOTES CHANCELLORS 1

Have you ever thought about a letter you spell as the real 'Lost Symbol'? We'll embark on a voyage of 4000 years back in time to discover the fascinating roots of our English written language. At the end of the presentation you will be able to decipher Ancient Hebrew coins, read a bit of Arabic and understand how all was once connected.

**A Woman's Reading of Solomon's
Judgment**

CHANA HENKIN

ROOTES SUTHERLAND

This totally new reading of chapter 3 of the Book of Melachim (Kings) leads to a discussion of prostitution and social justice.

SATURDAY
SEVEN O'CLOCK 19:00 – 20:10

Spiritual

CHANA YAFFE, TIRTZA SINGER

Culture, Music & Performance,
 Spirituality
 Creative,
 Workshop / Practical

ARTS – ENSEMBLE

A warm reawakening and reconnecting experience. Shift from head to heart! We'll be sharing harp music, Jewish meditation, stories as a transformative tool, niggunim and more! We'll gain a deeper capacity to awaken our innate remembrance of who we are.

To shape a shared Jewish Future: The challenge of Leadership in Israel and the Jewish world

BAMBI SHELEG

Education, History,
 Philosophy & Science
 Lecture

ROOTES CHANCELLORS 2

After Modernism, the Shoah and our own Jewish state – are we the same Jews that we were 200 years ago? If we are different – what is it that we need in order to stay as one nation?

Joseph's Recourse: A Look at Law in the Torah

SHEP ROSENMAN

Introduction to, Social issues,
 Torah
 Discussion, Text Study

ROOTES SUTHERLAND

In this session we will analyse, discuss and maybe perform stories from the Torah to explore how the stories might be affected using modern and social legal principles. We will dig into traditional and modern commentators to see if they anticipated social and legal trends and norms or if they missed the boat entirely.

Polska Year – Poland's Unique "December Dilemma": Its Residual Impact on Jewish Life in Poland Today

BURT SCHUMAN

Culture, History,
 Social issues
 Discussion

ROOTES CHANCELLORS 1

For Jews in Poland, the impact of Christmas both historically and culturally has proved to be a profound and unique challenge. Rabbi Schuman will lead a discussion on this issue and offer anecdotal accounts of how Jews in Poland wrestle with this issue.

What have women done with niddah?

DEBBIE YOUNG-SOMERS

Philosophy & Science,
 Torah
 Discussion, Text Study

ROOTES PANORAMA BAR

An exploration of the laws of "family purity" and their transformation, particularly through what women have done with them, from Biblical times through Rabbinic texts and into the modern period. This session will focus on exploring key texts together, and might challenge some of your pre-conceptions on what the laws mean.

SATURDAY**PRIME TIME****20:30 – 21:40****Lilit & the Shekhinah**

SHARONAH FREDRICK

History, Philosophy & Science,
Sephardi Culture
Creative, Lecture**ROOTES CHANCELLORS 2**

We will explore the connection between Lilit, the Judaized version of the Babylonian demon goddess Lamashtu, and the Shekhinah, the female aspect of God. Are they one and the same, different cultural manifestations of the Female Deity? Emphasis will be placed on Judeo-Spanish texts.

What's in a Name? The Origins and Meaning of Jewish Family Names

ZVI GITELMAN

History
Lecture**ROOTES SUTHERLAND**

Jewish names often tell much about family origins and occupations, as well as how the bearer was regarded by others, Jews and non-Jews. The Hebrew, Slavic, and German origins of our names are illustrated, with special attention to derogatory names, names formed from abbreviations and what they mean, and Jews' attempts to disguise their names.

Poetry Exchange-09

PAUL VARETA

Culture
Creative, Performance**ROOTES PANORAMA BAR**

Building on last year's well attended session, join us again and share and critique your favourite poems, verse and rhymes. Come and listen to both published professionals and budding amateurs in a relaxed and supportive setting.

**Being Jewish in Uganda:
The Unfolding Story of the
Abayudaya – Jews of Uganda**

MOSHE MADOI YASHIIRAH, ENOSH MAINAH

History,
Music & Performance
Discussion, Lecture**ROOTES CHANCELLORS 3**

This session will discuss the story of the Abayudaya, their challenges and their current circumstances.

Mathematics and Mishna

ADINA GAMSE

Torah
Lecture,
Workshop / Practical**ROOTES CHANCELLORS 1**

Did the Rabbis know more mathematics than Pythagoras? In this session the presenter will give some examples of mathematics being used in the Mishna, and play a game based on the obscure laws of forbidden mixtures. Come and have fun!

Praying with LiorUK JEWISH FILM FESTIVAL,
LINDSAY WITTENBERGCulture, Social issues, Spirituality
Film**ARTS – CINEMA**

Dir. Ilana Trachtman, USA, 2008, 87mins, English.

Premiered in London at the recent UKJFF, this documentary poses the question as to whether someone with Down's syndrome can be a spiritual genius. The film reaches into the heart of a dynamic and complex family amidst their preparations for Lior's barmitzvah.

SATURDAY**LIMMUD LATE****22:00 – 23:10****Moshiach Ben David v.
Moshiach Ben Yosef**

LINDA ROTH

Philosophy & Science,
Spirituality, Torah
Lecture, Text Study

ROOTES CHANCELLORS 3

This session compares, contrasts and addresses the lineage of both messiahs; describes both their characteristics psychologically, spiritually, and kabbalistically; and wrestles with the reasons why one has to come before the other, which one is more needed, what energies each one brings to the world and from what energy each one emerges.

**On Being Neither Here nor There;
Tensions of Liminality in the Talmud**

HANNAH SASSOON

Social issues, Torah
Discussion, Text Study

ROOTES CHANCELLORS 1

It's two minutes until take-off; the engine whirr augments, the seatbelts clasp, the arm-rests descend. You sit, waiting, waiting. What's going through your mind? In-between times and spaces are ridden with tensions. Using the case of the ambiguous pre/post-Shabbat twilight, this session will explore how the Rabbis negotiated these liminal times and the ways in which they played out in space. How can their spatial-temporal constructions inform and enrich our own experiences of transition?

Jews for a Free Tibet?

NATASHA STEELE, RACHEL WOOLLIFF

Community, Education, Politics
Discussion,
Social / Informal

ROOTES CHANCELLORS 2

What does the Tibetan Diaspora have to do with the Jewish Diaspora? As Jews we have seen and lived through persecution for centuries. We have a homeland now; but for Tibetans their own homeland has been taken away from them. The Dalai Lama tells Tibetans to learn from the Jewish people, especially young people in leadership. Should we listen to him and actively go out to empower Tibetans? Find out here!

Michelle Citrin Live

MICHELLE CITRIN

Music & Performance
Creative, Performance

ARTS – ENSEMBLE

With millions of hits on YouTube, Michelle Citrin is best known as the "Rosh Hashanah Girl", and for "20 Things to Do with Matzah". Come enjoy Michelle's soulful folk pop tunes in this "Behind the music" styled concert.

Maleva Malka with Darshan

EDEN PEARLSTEIN

Music & Performance,
Spirituality
Creative, Performance

ROOTES SUTHERLAND

Maleva Malka is a beautiful and moving way to enter the coming week while still enjoying the scent of Shabbos. The tradition of the '4th meal' opens up the channels to allow our Shabbat experience to irrigate the rest of the week straight from the source of the sacred well spring. Come tap into the energy of King David while we sing and story ourselves into a state of sweet surrender.

SATURDAY
MIDNIGHT HOUR 23:20 – 00:30

Acoustic Café

ACOUSTIC CAFE TEAM

Music & Performance
 Performance, Workshop / Practical **ROOTES BAR**

Into the night at the Acoustic Café at Limmud's favourite open mic session. All welcome to come forward and entertain. Talent appreciated but not compulsory, enthusiasm essential. Play, sing, amuse, entertain, or just come and see who turns up to perform: entertainment guaranteed!

Dancing with God: The Ecstasy of Jewish Mysticism; The Energy of Kabbalah and Chassidus

SIMON JACOBSON

Music & Performance,
 Spirituality
 Lecture, Performance **ROOTES CHANCELLORS 2**

Kabbalah is shrouded in mystery and controversy. This session will take us on a journey into the soul of Jewish spirituality, training us in the inner workings of our personal and cosmic psyches. Learn to access joy even when life is cruel, and uncover hidden strengths embedded in our souls. Discover how to use the divine gifts of song and love as tools to reconnect to the Source, turning your life into a perpetual dance.
