



Session Details

Limmud Tour of Britain

Tuesday, 15th September 2020

Session 1: 7:30 – 8:20 PM	Session 2: 8:30 - 9:20 PM
<p><u>Shemira : A Film About the Holocaust, Love, Marriage, Old Age and Loss</u></p> <p><u>Adam Wells</u></p>	<p><u>Women at the Well: Acts of Kindness that Run Deep</u></p> <p><u>Clare Levy</u></p>
<p><u>What Can We Learn About Anti-Semitism Today From the History of the Pale of Settlement?</u></p> <p><u>Tanya Sakhnovich</u></p>	<p><u>History of Nottingham Jewry</u></p> <p><u>Harvey Goodman</u></p>
<p><u>The Genetics of Being Jewish</u></p> <p><u>Alan Silman</u></p>	<p><u>Jews and Climate Justice</u></p> <p><u>Sue Cooper</u></p>
<p><u>Here I am; Capturing the Stories of the South Wales Jewish Reform Community</u></p> <p><u>Colin Heyman</u></p>	

SESSION 1: 7:30 – 8:20 PM

Adam Wells



Born and raised in Leeds, Adam studied Art and Design at Jacob Kramer College before moving to Sheffield to study Design and Animation. Adam has been recognised by the Royal Television Society and received two nominations from BAFTA.

“Shemira” was initially inspired by the childhood journey of the late broadcaster interfaith leader Rabbi Hugo Gryn, who personally helped shape the lives of Adam’s parents.

Shemira: A Film About the Holocaust, Love, Marriage Old Age and Loss

Myer - a survivor of humanity's greatest crime - spends one final night alongside his beloved, Leah. After over six decades since Leah became his wife, death has separated them. The story takes place across one night during the ritual of Shemira, the Jewish tradition of guarding a body from death to burial. We are the invisible witness to their intimate, private farewell from one another - an outpouring of Myer's memories, from the seemingly insignificant and incidental, to the life-changing and unexpected.

Tanya Sakhnovich



Tanya Sakhnovich was born in Minsk, Belarus. She has been the Rabbi of Nottingham Liberal Synagogue since 2009, when she graduated from Leo Baeck College. Tanya’s interest in the history of the Pale of Settlement and the history of anti-Semitism resulted in the development of the course of anti-Semitism awareness, which she and her colleague Norman Randall run together as part of the Anti-Racism course.

What Can We Learn About Anti-Semitism Today From the History of the Pale of Settlement?

In the session we will briefly talk about Judeophobia of the Polish-Lithuanian Commonwealth and the anti-Semitism of the Tzarist Russian Empire: what was the difference and how it manifested itself in practical terms for our ancestors, who were forced to live in the huge ghetto of the Pale of Settlement. Then we will simplify the complexity of anti-Semitism in the Russian Empire and we will

compare it with modern anti-Semitism. We will then discuss what we can learn from our history.

Alan Silman



Alan is currently Professor of Musculoskeletal Health at Oxford University. After graduating as a doctor Alan initially trained in rheumatology and then trained in epidemiology at the London School of Hygiene, working with amongst others, Professor Michael Marmot. He then took up an academic role in the Department of Epidemiology at the London Hospital. He was appointed as Director of Arthritis Research UK's Epidemiology Research Unit, Manchester University in 1988 and as a Consultant in Rheumatology at Manchester Royal Infirmary. In 2007 he became the first Medical Director of the Arthritis Research UK charity. In 2015 he left ARUK to return to academic research in epidemiology and took up his current role of Professor of Musculoskeletal Health at Oxford University. He has written a number of books and over 500 scientific articles and is currently serving on the national panel reviewing the quality of epidemiological research in UK Universities as part of the Government's Research Evaluation Framework.

The Genetics of Being Jewish

We will review how different we are genetically as Jews and why these genetic differences have occurred, reflecting our history and geography.

On this journey we will cover a wide range of topics including Jews in Greco-Roman times, the origins of Ashkenazi Jewry and how Jewish genes spread around Spanish speaking countries. We will also take a peek at what we can learn from isolated communities across the developing world in India and elsewhere.

Colin Heyman



Colin Heyman was involved in the Hineni Oral History project from its inception. He says: 'If we had known how much work it was going to be we would probably never have started; but at the end we were glad we had done it and preserved these stories that would otherwise have been lost.' Colin is a trainer and facilitator, mainly on equality, diversity and inclusion.

Here I am: Capturing the Stories of the South Wales Jewish Reform Community

In 2009 we started the Hineni Project, to get people in our community to tell their stories, in partnership with some professional oral historians. The talk will look at how we went about capturing the stories of our community, some of the advantages of oral history, and will give some fascinating snippets from the stories people had to tell. It will also look at what we learnt about identity and belonging and the diversity of experience of the community, from the last barmitzvah in a synagogue in Cologne ten days before Kristallnacht, to the first Jewish wedding in Kidwelly, a village in West Wales...

SESSION 2: 8:30 – 9:20 PM

Clare Levy



Clare grew up in the Edinburgh Hebrew Congregation where she was an active member of community, teaching in the cheder and running the youth group.

While studying Religious Studies at the University of Edinburgh she became interested in women-centred and feminist readings of Tanach. During her time at university, Clare was president of the JSoc and took part in the Council of Christian and Jews student Leadership Scheme. She has an interest in Interfaith and acted as the Jewish representative and later the treasurer of the Edinburgh Interfaith Association while at university.

Clare has recently finished participating in the Charityworks grad scheme where she has been working at Action on Hearing Loss.

Women at Wells: Acts of Kindness that Run Deep

Throughout the Tanach, water is seen as a life sustaining force that ensures the wellbeing of the Children of Israel. This session will look at the connection between water, particularly water found in wells, to acts of kindness. We will look at two women, Rebecca and Miriam, to understand how different acts of kindness play out and consider their long term impact.

Harvey Goodman



After far too long in financial services Harvey trained as a Blue Badge guide a few years ago and until the lockdown was enjoying travelling the country sharing our wonderful heritage with people from all over the world.....but mainly America!!

Originally from the North, Harvey has lived in Nottingham for many years and thinks that it's a shame that the major tour companies choose to ignore so much of the eastern side of the country which has such a lot to offer. There is much more to Nottingham than Robin Hood!

The History of the Nottingham Jewish Community

Harvey will speak about the history of the Nottingham Jewish Community from Medieval times to today. Historical highlights include: Do you want to know how to kill yourself whilst putting up a mezuzah?! How the Jewish community grew in Nottingham with a look at some of the people who made their mark on the town and in the wider world. You will hear stories of philanthropy from the Council House Lions to the most modern university buildings. Not so much a tale of two cities as a tale of many shuls!

Sue Cooper



Sue Cooper is a life-long political activist who has, in recent years, become involved with climate activism. She is part of the Sustaining All Life project which runs workshops and events alongside UN climate events such as the COP meetings, participating in events at COP22 in Marrakesh, Morocco and COP24 in Katowice, Poland. She is part of a local Transition Town group (this movement aims to reduce dependency on fossil fuels), currently working on a project on Fast Fashion, and is on the governing board of a global environmental organisation.

Jews and Climate Justice

Jews have a long history of bold action for justice. To help to create a sustainable future, we Jews must engage in the environmental movement and build alliances with all people. However, the long history of antisemitism, racism, and genocides against many peoples has damaged and divided us. We need to understand and heal from the damage to be able to organise, take

action and build the relationships we need for a powerful, united movement to sustain all life. In this workshop, we will invite you to: ★ Think about the climate emergency and how you might organise and take action ★ Gain perspective about the particular role that anti-Semitism has played in dividing progressive movements. ★ Practise paired listening tools for organisational development and alliance building with all peoples. ★ Learn how to use the tools of Sustaining All Life to increase our effectiveness and prevent burnout. For more information about 'Sustaining All Life' visit: <https://www.sustainingalllife.org/climate-week-2020%20>.