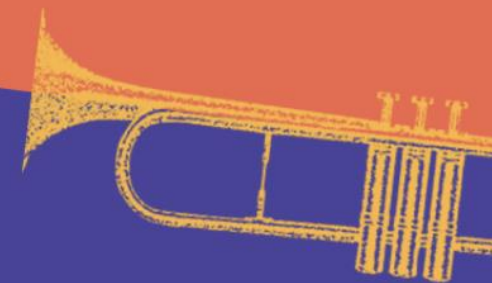


Accessibility Information Pack



Introduction & Welcome!

This is Limmud's Accessibility Information Pack, designed to help participants plan their time at Festival, and feel more prepared before arrival!

Inside you'll find details of Limmud's sensory map (a description of the different areas of Festival), a brief overview of the Programme, and some emergency/safety procedures.

This year, we will also be running 'A Beginners Guide: Limmud Festival' both online before, and in-person at Festival if you want to know more about how Festival works.

Navigating the Hilton

[Click here to watch](#) a quick tour of the Hilton. It was filmed during the normal operating hours of the hotel and so will look a lot busier than this during Festival!

There are a couple of corrections to the video which won't make much sense here but should do when you watch it!

The corridor that is pointed out which cuts between the Blue and Orange corridor is the accessible route through the hotel.

In the video it says Family Dining is in the same room as Registration and Quiet dining, but it is actually in the same place as Main Dining (just before hand).

Navigating the Hilton

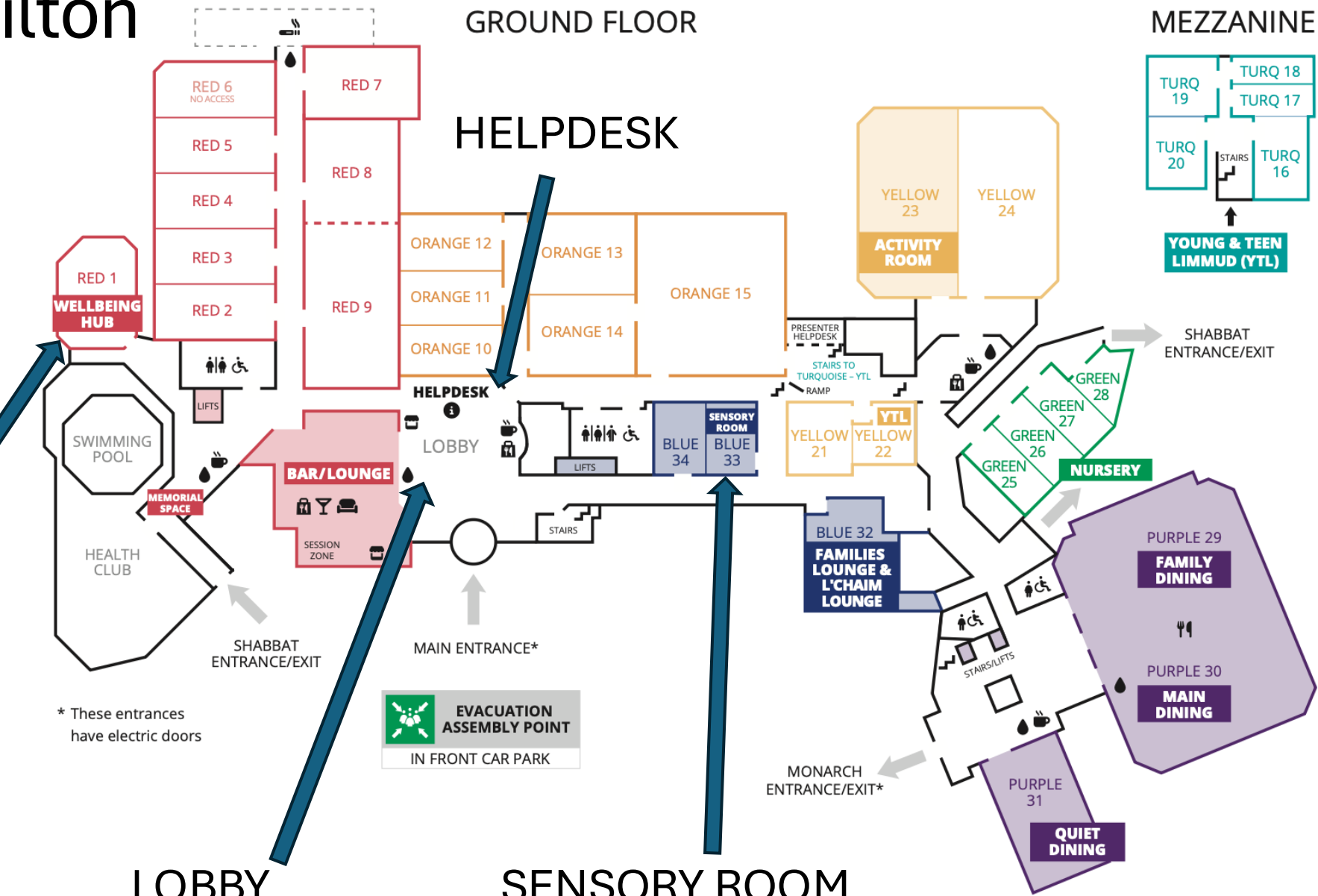
There will be hourly tours of the Hilton on Friday and Sunday.

If you're not arriving on one of these days, please ask someone at the helpdesk to show you around.

WELLBEING HUB

LOBBY

SENSORY ROOM



What do the different colours mean?

The Hilton is colour coded during Festival to make navigation of the site easier.

We aim to make it clear through signs, or coloured decorations in the corridor, which section of the Hotel you are in. However, the colour coded zones are a Limmud invention, so the actual rooms and areas themselves are not that colour. If you are not sure where you are at any point, please ask someone around you!

The next few slides give a picture of the overall atmosphere in each of the areas. For a more detailed understanding of the space, we have added a sensory map of the Hilton to our website, which can be found [here](#).

Purple Area

The Purple area has a calm, low-lit feel. It can also be cold or echoey during quieter times.

Food smells may drift in from the dining hall, and because there are toilets nearby, there can be some extra people traffic and the occasional scent.

It's not always intuitive to navigate, it twists and turns a bit, and the doors leading to the dining area can feel narrow or enclosed.

Green Area

The Green area is full of activity. It is a Nursery by day, with a soft play area and lots of children running around, and a main programming space in the evenings.

The corridor leading here can feel a bit separate from Festival with low lights.

There will be green decorations highlighting this area to make it easier to navigate!

Red Area

The Red area is lively, social and often quite loud. Music performances and late-night disco sessions tend to be here.

You will often find people sitting on the floor during sessions here.

The corridors are wide, and session doors tend to bang shut.

The Shuk is in this corridor on Mondays and can also cause a lot of movement.



Yellow Area

This area is bright but often quite chilly.

Yellow 23 and 24 are large rooms and can echo.

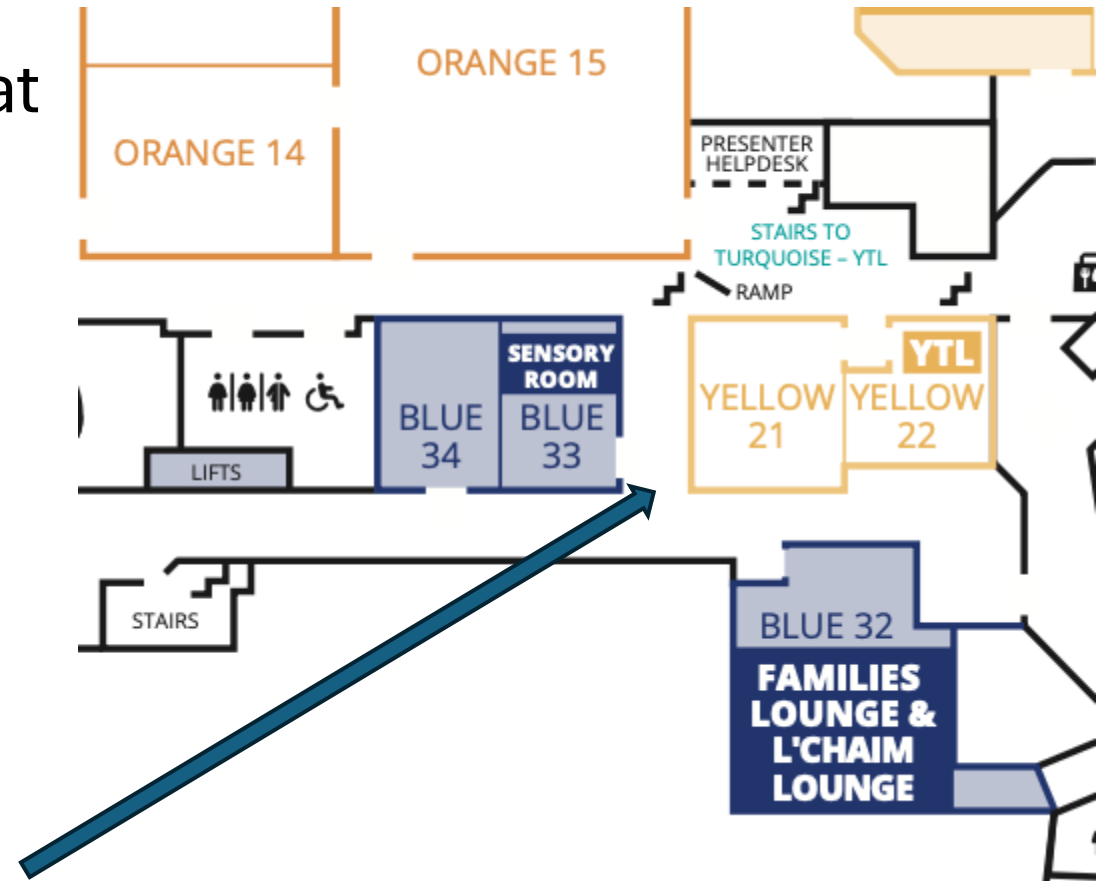
In Yellow 21 and 22, the doors are quite heavy, so please do ask for assistance from anyone around you if needed!

Blue Area

Blue 32 is the families lounge during the day and is bright with windows that look out onto the car park. This area becomes a quieter bar space in the evening.

Blue 33 is the sensory room, and is a very dimly lit room.

The accessible route has been highlighted on the map here – it is the corridor between Blue and Orange.





This area includes some of the busiest rooms, and the layouts of room tend to change depending on the session type.

Orange Area

There aren't many doors, the entrances can get congested, and sound travels easily into nearby corridors

The lighting in these rooms can sometimes change on its own.

Arrival and Registration

Registration can get very busy on Friday and Sunday.

There will be chairs in registration if you want to sit while waiting for your room.

If you need a quieter space to decompress before registering, you can leave your bags and head to the wellbeing hub or sensory room.

If you are staying at the Crowne Plaza (or another hotel), please check in and drop your luggage there first and then come to the Hilton.





Dining Room

The dining room can be very loud and busy during mealtimes. This year, there is a separate Quiet Dining room for participants with sensory needs.

We also have Accessible Queuing scheme for participants who are unable to queue for long periods of time. Please ask at Registration or the Helpdesk for one of these passes!

Alternative Dining Options

If you prefer not to eat in the main Dining Hall during mealtimes, there are a few alternative options.

As mentioned in the last slide, there is a Quiet Dining Hall in Purple 29 from Sunday to Tuesday this year.

We have several 'Grab and Go' stations open from 12:00 to 14:00, for any participants who prefer a portable lunch.

In the evening there is late night dining from 22:00 to 23:30 in the Lobby, with both meat and vegetarian options. Again, this option means if you prefer not to, you don't have to eat in the Dining Hall.



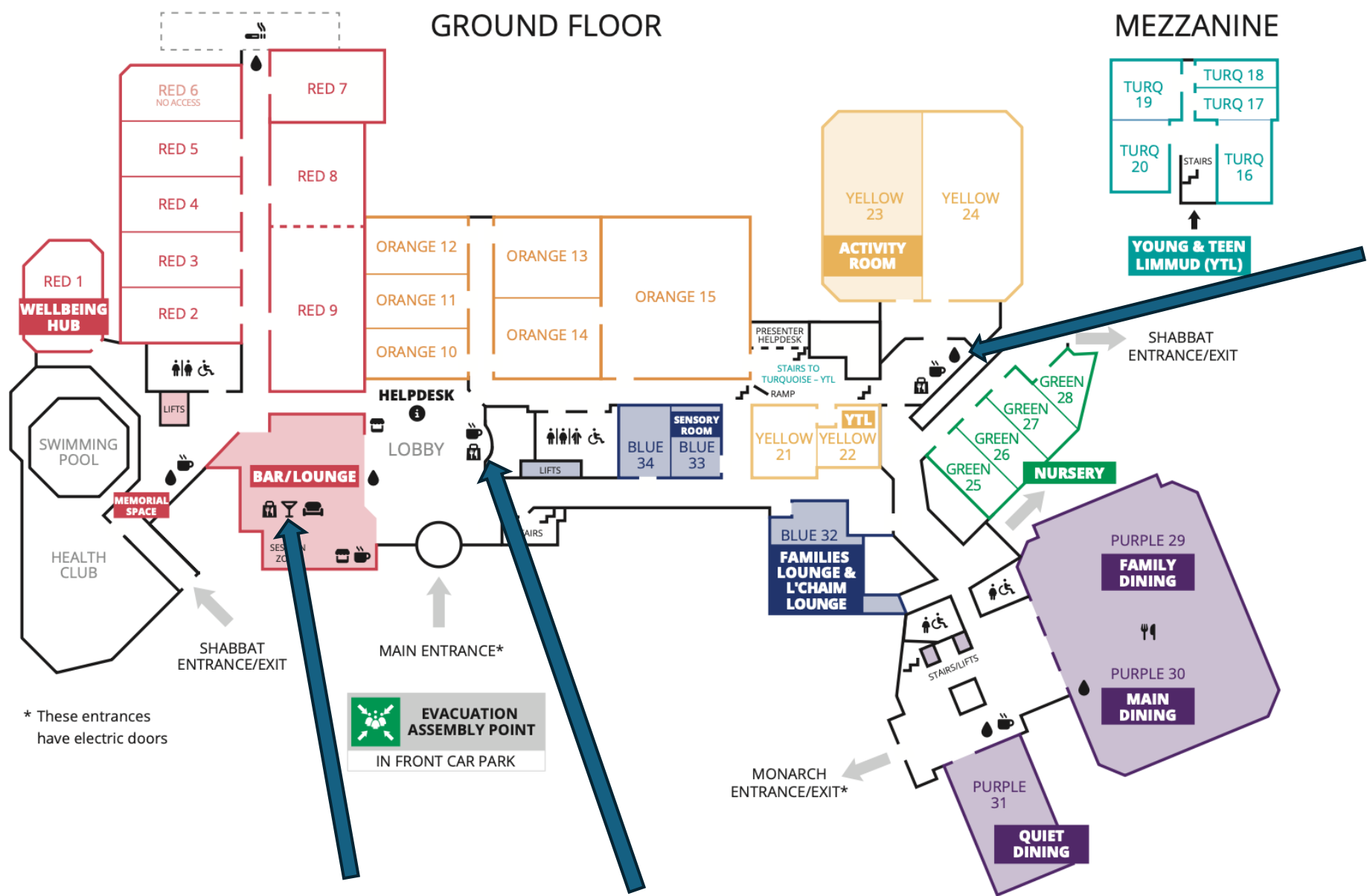
Grab and Go

This is a place for participants to grab a quick sandwich or salad for lunch, if you do not want a full sit-down lunch.

These areas tend to get particularly crowded at mealtimes.

The grab and go areas have been highlighted on the map on the next slide.

GRAB AND GO STATIONS



Bar and Lobby

The Bar and Lobby are located in the central bit of the Hilton.

The Bar car can be busy, sticky and noisy. Some social programming sessions will be held in the bar.

The Lobby is very busy during the day, particularly during session changeover, and tends to quieten in the morning and late evening.

The café is also located in this area, and tends to attract queues.



Sensory Room

The sensory room is quiet and dimly lit by lamps as supposed to the main Hilton lighting. The room has diffusers with essential oils, fidget toys, and bean bags and yoga balls to sit on.

It is open at all hours during Festival, available for any participant who wants to decompress.

There will be no sessions programmed in here during Festival.

Wellbeing hub

The Wellbeing Hub is a place for participants to take a break from the Programme and relax.

This year it will have a crafts corner, a board games area, a yoga and stretching corner and a reading corner.

Every morning, we will have a 'coffee morning', as a chance to meet other participants and talk to your Participant Care co-chairs.

There will be other sessions running in the Hub, so have a look out for any sessions in Red 1 on the Programme!

The Wellbeing Hub will have also its own schedule, with some 'unofficial sessions', like daily stretches or daily walks, which will be written on a sign on the door.

Attending Sessions at Festival

There are over 700 sessions in the Programme this year, so most importantly, don't be afraid to have a break. You can't attend every session!

The standard session length is an hour, but some sessions will take up two slots (so a two-hour session).

It can sometimes feel awkward, but it is also completely fine to leave during a session. Try to do so as quietly as possible, and without disrupting the session, but don't stay trapped in a session you don't want to be in.

If you are overwhelmed or upset by anything that was raised in a session, and want someone to speak to, go to the Wellbeing Hub to find a member of the Participant Care team.

Limmud's Guidebook App

Click [here to download](#) the Guidebook app for Apple/iOS.

Click [here to download](#) the Guidebook app for Android.

Once you have downloaded it, search 'Limmud Festival 2025' into the search function. If it doesn't come up then click enter a passphrase and put in 'limmud5786'.

The Guidebook App has the most up to date information on sessions, any last-minute changes will show up on the app. It also allows you to add sessions to your schedule, so you can save the ones you like the look of!

Programme Overview

There are different session types in the Programme. The most common types are lectures, panels, dancing, singing, discussion-based, text study and social programming.

The next few slides show some photos of what different types of sessions look like, and the range of crowdedness of sessions.

In the Guidebook app, the sessions are classified by their category, (things like art & culture, or history) so if you are struggling with what to go to, you can filter by this.

Information on last minute room changes can be found in the Guidebook App, at the Helpdesk, and on the doors of the session rooms.

Session Types

As mentioned before, there are many different types of sessions during Festival.

Some sessions will be large, and some with only a few participants.

- The largest session rooms are Orange 13, 14 and 15.
- The smaller session rooms are Red 7, 8 and 9, and Blue 34.



Some sessions, typically the dancing or disco style sessions, may have bright flashing lights.

These session tend to be held in Red 7.





Shabbat at Festival

Services held during Shabbat tend to have a higher participant attendance. Havdallah, in particular, is usually quite busy, as many participants want to attend.

We also hold communal dining during Shabbat, to give participants the opportunity to eat together for Friday Night Dinner and Shabbat lunch. Again Main Dining is in Purple 31, and Quiet Dining in Purple 29.

Want to meet people?

If you are nervous about meeting new people and would like to do so in a more structured way, then check out some of our social Programmes at Festival.

There will be many more sessions than this in the Programme, but we've highlighted a few here to give you a taste.

- Friendship Bracelets in the Woods, Monday 9:20 – 10:20
- Sapphic Shabbat Meet up, Sunday 21:20 – 22:20
- Board Games, every day in the Wellbeing Hub
- Speed dating sessions on Sunday and Monday 21:20 – 22:20

Families

Families' programming and the Families' lounge is busy and full of activity.

The families lounge this year will have a 'regulation station' - a dark enclosed space with some relaxing sensory accessories i.e. textures, lights and sounds to promote calming energy where kids can go to 'regulate' or if they just want some time alone.



Social Guidance and Expectations

One of Limmud's core values is to enable connections, by creating opportunities for communities and individuals to connect.

This does mean that, whether you are hanging out in the bar, or in a session room waiting for it to start, someone you've never met before may strike up a conversation with you.

Arguments for the sake of heaven are encouraged, as another one of our values, in a way that makes a positive contribution and furthers understanding.

Harassment of any form, including offensive and disruptive, nuisance or aggressive behaviour, is not tolerated.

Packing and Preparation

As well as your standard packing list, here are some things we suggest bringing:

- Noise cancelling headphones
- Sunglasses (as lighting in the Hilton can be harsh)
- Ear plugs
- Eye mask
- Water bottle
- Slippers or comfy shoes for walking around the hotel
- A coat (with a reminder to make sure you go outside!)
- Fidget/ regulation items or toys
- Sunflower lanyard if they have one and want to where it - there will be some spares too
- Own pillowcase or comfort items like room sprays or essential oil roll-ons for those sensitive to unfamiliar smells/ sleeping environments
- Games/cards as an easier way to get to know people and introduce yourself or others at the bar or in other social areas without necessarily having much conversation.

Feeling Unwell on Site?

There will be a paramedic on site throughout Festival.

If you are feeling unwell, or need medical attention, please go to the Helpdesk and they will be able to call the paramedic.

Alternatively, if you are too unwell to go to the Helpdesk, you can call on +44 (0)7546 548 005.

There will also be a morning clinic every day, from 8:00 – 10:30 in room 5055.

Emergency & Safety Procedures

The safety and security of all Limmud Festival participants remains our highest priority. CST will be on site throughout Festival, with additional support from a private security firm and the West Midlands Police.

If you experience harassment, have concerns about a person, or safeguarding concerns about a child or vulnerable adult, please report this onsite at the Helpdesk or using [this link](#).

If you are feeling unsafe at any point, or need some assistance, go to the bar and 'Ask for Angela' and one of our Yads will be able to help you.

Hilton Fire Exits

